

# Fifth Grade Newsletter for the week of October 2, 2023

## Upcoming Events

**October 5/6th** – Parent-Teacher Conferences. Please make sure you have signed up for a conference with your classroom teacher.

**October 9-13th** – Fall Break – No school

**October 26th and November 2<sup>nd</sup>** – Parent Spalding Class. See attached flyer at the end of this newsletter.

Here's a look at the week ahead:

## Spelling

No spelling list due to the short week.

## Math

Lesson 3-9 (Mon.), Review, (Tuesday) **Math Test 3 will be on Wednesday, October 4**

## History

The first European power to begin a program of exploration was tiny, but powerful, Portugal, where Prince Henry invested his father's fortunes into a school for sailors and navigators.

## Science

We will finish our unit on matter with a game of Matter Jeopardy and a nature study. After fall break, we will be starting our next unit in which we will explore Energy and Matter in the Ecosystem.

## Writing

Seasonal creative writing.

## Poetry Recitation

We have begun our next memorization piece, The Gettysburg Address. Every student has been provided a copy; additional copies may be printed off the website. **The first and second parts ("Four score → ...add or detract.") will be due for recitation the week of October 2. Practice early, practice often!**

## Literature

We will conclude the tragic and turbulent biography of Nathaniel Bowditch with a Socratic seminar discussing the book and what we have learned from it. Upon our return from fall break we will begin My Side of the Mountain.

Please see next page.

# Spalding for Parents Class

Thursday Evenings  
October 26<sup>th</sup> and November 2<sup>nd</sup>  
5 pm – 8 pm  
TCA Central Campus  
1655 Springs Crest Road

During this two-session class, you will learn phonograms, spelling rules, comprehension strategies, and ways to support your child in reading and writing.

The cost for the class is \$10. Please register at TCA's Pay School Events by October 20<sup>th</sup>.

<https://tinyurl.com/TCA-Parent-Spalding-Class> or



If fewer than 10 participants have registered for the class by October 20<sup>th</sup>, the class will be cancelled, and all money refunded.

# Character Corner

The character trait for the month of October is Self-Regulation. Behaviorally, self-regulation is the ability to act in your long-term best interest, consistent with your deepest values. Emotionally, self-regulation is the ability to calm yourself down when you are upset and cheer yourself up when you are down. Consistent self-regulation requires focus on your deepest values rather than fleeting feelings. Violation of values invariably produces bad feelings, while fidelity to them eventually makes you feel more authentic and empowered. (Source: Psychology Today, <https://www.psychologytoday.com/us/blog/anger-in-the-age-entitlement/201110/self-regulation>.)

